

Feline Instincts' Family



Caesar



Lady Natascha



King Tut



King Ramses

Feline Instincts LLC[®]

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"It does take time and energy to prepare a fresh raw meat diet for your cat, but that dedication is a rich reflection of the love you share."



Made in the USA

Feline Instincts[®]

*Where Caring For The True Carnivore
Is our Specialty*©

A Nutritional Feline Supplement
For Making An Adult Cat and Kittens' Raw
Meat Diet

No Bones About It™

Has calcium and magnesium not bone meal



King Tut

Recommended by Holistic Veterinarians

***Nature Created Felines As Carnivores
Their constitution is meant for
enzyme rich raw meat.***



Human Grade & Organic Ingredients:

- Dried Egg Yolk
- Magnesium
- Calcium
- Gelatin (From Pig)
- Kelp (Organic)
- Psyllium Husks Powder
- Taurine
- Vitamin E (D-alpha tocopheryl succinate)
- Complex B Vitamin
- Adrenal Glands (New Zealand range fed)
- Enzymes & Probiotics Blends

All of our ingredients are approved by the USDA. The formulation of our ingredients is based on the recommendations of our holistic veterinarians expressly for our feline diets and you can rest assured that our "Feline Instincts" diet represent the best knowledge of professionals. Our cat diets have also been approved and recommended by holistic veterinarians across the country

***No Bones About It*™ is available in two sizes:**

- Our Large 19 oz (540 gram) jar makes about 4 + 1/2 months of food for one cat.
- Our Small 1.9 oz (108 gram) jar makes one month supply of food for one cat.

Customer Service and Support

We all know that our felines will benefit the most with a knowledgeable caregiver. Therefore, I am available to help with the preparation of our diets if you need it. Call 817-496-4087 or visit our web site at www.felineinstincts.com

Felice

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Feline Nutritional Needs

Raw Meat Is Real Cat Food!

Cats (and larger exotic cats too) are designed with short and acidic digestive systems so they can process raw meat. They need the undamaged enzymes and amino acids that a raw meat diet contains; these are their protein building blocks! These enzymes are essential biological catalysts for decent nutrient absorption that allows your carnivorous pet to conserve its own enzyme energy for more important life health benefits such as longevity. Many of the important amino acids and all digestive enzymes are destroyed when raw meats are cooked. All processed pet foods are cooked!

Animals that eat processed foods often become nutritionally compromised and manifest dry and itchy skin, dull coats, weight problems, lethargy, and many illnesses. Feeding an alkaline diet of processed/cooked foods creates an imbalance in your pets' pH, and it's this imbalance which substantially contributes to urinary and kidney problems. Raw meat diets will naturally keep their systems acidic and strong, while helping to prevent illnesses.

Feeding Tips

It is my experience that most kitties will want to eat more of the raw diet than the suggested serving. There are three reasons: (1) They are more active and need the extra calories, (2) Processed pet foods of ALL kinds are filled with carbohydrate; when you remove your feline from this type of diet their bodies continue to crave it. (3) most of all their bodies are crying out for truly nutritious food.

Finicky Kitty?

If you have a finicky cat on your hands, Feed your kitty at least 8 hours after their last meal. Remember, unfamiliar foods don't smell the same as they have been eating. Take a small amount and put it in the kitty's mouth. This should help them accept the new food. Our liver powders are also very good for transitioning kitty to the new foods. Some cats throw up beef meats.



King Ramses enjoying the bowl after making the chicken recipe

If that fails, stir in a small amount of spring water tuna juice in their meal just to flavor it. If they eat the meal, then gradually reduce the tuna juice each day until you are serving the meals without tuna juice. I used this for King Ramses and Lady Natascha and they were eating the raw diet in five days without any enticements. Our chicken liver powder & Halo's 100% chicken treats work well too!

Drinking Water & Stools

Don't be surprised if you don't notice your kitty around the water dish as before the raw diet. Nature designed felines to receive sufficient amount of water from the raw diet that they are designed to eat. Cats will urinate more and have stools less often. Both are normal when on a raw diet. If kitty has a hard time passing stools, add more water to her meals.

Recipe Tips

Don't have enough powder? It may be the method you use to portion your ingredients. I use a scale and weigh everything now, powder, liver, meat, everything! And measure the water with a measuring cup. Before, I used the "that's close" method of weighing and measuring but found that I would end up with powder remaining or not enough to make a complete recipe. Weigh and measure, that's the key.

Liver Can Be Messy

If I am not using the USDA chicken liver powder we sell, I use my food processor to puree raw liver. The result is an easy no mess way to evenly blend the liver and distribute it throughout the recipe. Plus, cats that do not like liver may never know it's in the recipe when it is prepared this way. The liver represents the "A" vitamin. Therefore, never over do liver in their diets, too much A is just as bad as not enough. **No liver treats.**

If you want too, when using ground meats in your recipe add 1/2 to 3/4 of a cup additional water per recipe.

Don't use meat with bones in the recipe

I use a food processor to chop the beef meat and chicken thighs. But I slice and dice the white chicken meat because my cats love to chew chunks of meat. (Helps keep their teeth clean) Use only skinless and boneless chicken and dark turkey meats. Use chicken livers when making the recipe with Turkey.

Meats to use

Poultry – ground or boneless skinless chicken or turkey breast, thighs. **NO PORK or FISH**

Rabbit- boneless skinless stewing meat, back or hind legs.

Beef- semi lean ground, stewing meat, steak or roast. Some cats throw up beef meats.

Lamb or Venison – ground boneless stewing meats, shank leg or butt.

Recipe Instructions

Shake the Supplement First

- Add 1 & 1/2 cup filtered water (337 ml)
- Add 54 grams or 6 level Tbsp of **"No Bones About It™"**
- Add 2 Salmon Oil Capsules or 1 stroke of the salmon oil pump
- Add 2 pounds of raw meat
- Add 1/2 cup of raw liver Use chicken liver with fowl and beef liver for beef and lamb. See liver powder labels for amounts.
- Stir completely. Makes 14, 1/2 cup portions

My way of making the recipe

I begin by adding the water to a bowl, puree the liver using a food processor then add to the water, pierce the salmon caps and squeeze the oil into the mixture, stir, add the **No Bones About It** powder and stir. Add small chunks of meat or the meat you have chopped in the food processor and stir again. I use 50% skinless boneless chicken breast and 50% skinless boneless chicken thighs. I also use the darker ground turkey for the turkey recipes. You need to have between 10% - 15% fat from the meat, not totally lean.

Weigh daily meals in freezer baggies and freeze. Freeze prepared meal portions in pint size Zip Lock freezer bags. Then freeze in flat Tupperware boxes, separating each layer with paper towels. Or, freeze portions in ice cube trays and then pop them in freezer bags when frozen.

Keep meals frozen for up to 6 months and keep thawed only 48 hours. Warm bags of food in warm tap water only. Don't leave food out for feeding more than 1/2 hour, then put back in fridge

My way of doing this recipe is not the only way. Some of my customers freeze the finished recipe in ice cube trays, others use small plastic containers. Do what is comfortable for you.

Daily feeding amounts

These are approximate serving sizes. Make adjustments as necessary for your cat.

Age	Servings
4-8 weeks	1-2 tablespoons 4-6 times a day
2 months	3 tablespoons 4 times a day
3 months	3-5 tablespoons 4 times a day
4-5 months	1/2 cup 3 times a day
6-12 months	1/2 cup 2 times a day
Adult 1 year plus	1/4-3/4 cup twice a day