

Human Grade & Organic Ingredients

- Purified Bone Meal
- Egg Yolk Powder
- Gelatin (from Pig)
- Psyllium Husk Powder
- Kelp Powder (Organic)
- Vitamin B-50Complex
- Vitamin E (D-alpha tocopheryl succinate)
- Probiotics & Enzymes
- Adrenal Glands (New Zealand)
- Kidney Glands (New Zealand)
- Alfalfa Powder (Organic)
- Liver Powder (New Zealand)

Ingredients you add:

- Raw muscle Meat
- Steamed Vegetables
- Water

All of our ingredients are of high human grade quality and approved by the USDA. The formulation of our ingredients is based on the recommendations of our holistic veterinarians expressly for our diets and you can rest assured that our **K9** diet represents the best knowledge of professionals. Our dog & cat diets are approved and recommended by holistic veterinarians across the country. Info@FelineInstincts.com or call 817 496-4087

My Natural K9™ is a Product of

Feline Instincts LLC®



Our canine diet provides all of the nutritional components needed to build a healthy and strong canine body.

A healthy functioning canine body can do an amazing job at preventing disease and healing itself. To do this, your dog requires the proper nutrients of a well-balanced diet.



We need to look beyond our own needs and opinions to understand the natural needs of our pets. Your companion dog may be domesticated but deep within he is still a carnivore and scavenger, a descendant of the wolf.

My Natural K9™ is the natural diet your dog will grow to be stronger, healthier and live longer on.

Questions?

Customer service and support is our main priority

We all know that our K9 companions will benefit the most with a knowledgeable caregiver. Therefore, we are available to help with the preparation of **My Natural K9™** if you need it. Call or email me with any questions you may have. Info@FelineInstincts.com or call 817 496-4087 between 9 am 4 pm Monday through Friday.

Feline Instincts®

PO Box 13304

Arlington, TX 76013



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TM

My Natural K9

An Optimum Nutritional Adult Canine & Puppy Diet



Sara

Veterinarian Recommended

**Domestic dogs remain unchanged
from their ancestry.....**

**Their constitution is meant for
enzyme rich raw meat.**

No Grains

Carnivores cannot maintain long term production of amylase enzyme necessary to properly digest and utilize carbohydrates. In addition, the proteins in grains are less digestive than animal proteins. The end result is the immune system becomes weakened by the invasion of foreign, non-nutritive protein and carbohydrate particles. Many times, allergies and other chronic immune problems develop from grain fed diets. Your pet's pancreas will do its best to keep up with the demand for amylase, however, this creates a great deal of stress on the pancreas.. It's not yet known what this stress does to the pancreas but it cannot be good.

Preparing My Natural K9™ requires that you mix our powder ingredients with your choice of raw meat, steamed vegetables and water.

Meats Chose any good quality meat (without bones) that would meet your standards to eat. Beef, beef heart, lamb, poultry or wild game can be used with **My Natural K9™**. Pork and fish are not recommended or advised.

Vegetables Add chopped or ground steamed; squash, pumpkin, cucumber, zucchini, carrots, sweet potatoes, yams, broccoli, cauliflower, beets, parsnips, Brussels sprouts.

Avoid beans, peas, onions, garlic, leek, tomato, potato, bell peppers. This vegetables can upset the stomach and may not digest well.

"It does take time and energy to prepare a fresh raw diet for your dog, but that dedication is a rich reflection of the love you share."

Meats to use

Beef- semi lean pre ground, stewing meat, heart, boneless steak or roast.

Poultry- pre ground, boneless skinless chicken thighs and breasts or dark turkey.

Lamb- pre ground boneless stewing meats, shank leg or butt.

Wild Game- pre ground, stewing meats, neck, shank or shoulder.

How to make one recipe

Shake well. One recipe makes 3 pounds of food.

Use 70 grams or 7 level Tbsp **My Natural K9™**

- 1 1/2 cup filtered water (3/4 cups more water with ground meat)
- 2 salmon oil capsules
- 1 + 1/2 lbs raw meat (no bones)
- 1/2 lb steamed vegetables
- Organic Liver is in K 9 supplement for you

I begin by adding the water to a bowl, pierce the salmon caps and squeeze the oil into the mixture, stir, add the **My Natural K9™** powder and stir. Add small chunks of meat or the meat you have chopped in the food processor and stir again. I try to use 50% skinless boneless chicken breasts and 50% skinless boneless chicken thighs when I can find those meats. I also use the darker ground turkey for the turkey meals and part beef hearts with any beef meat makes a good recipe too. Order beef hearts from your butcher.

Weigh daily meals in freezer baggies and freeze. To store prepared meal portions I use pint size Zip Lock freezer bags and freeze then in large flat Tupperware boxes, separating each layer with paper towels so they will not freeze together. Or, freeze portions in ice cube trays then pop them in freezer bags when frozen.

Keep meals frozen for up to 6 months and keep thawed only 24 hours. Don't leave food out for feeding more than 1/2 hour, then put back in fridge.

My way of doing this recipe is not the only way. Some of our customers freeze the finished recipe in ice cube trays, others use small plastic containers. Do what is comfortable for you.



How much do I feed my dog?

As a general rule, a normal active dog requires about 2% of its body weight per day. A highly active dog may require about 3% of its body weight per day. No two dogs are alike in their metabolic rates, age, or activity levels. Puppies can use up to 10% of their growing body weight and need to eat 3-4 times a day.

Multiply your dog's weight in pounds by a factor of 0.4. This provides the daily food in ounces.

Example: your dog weighs 15 Lbs X 0.4 = 6 ounces of food daily



Feed a growing Puppy

Use the same formula but substitute the following factors with a puppy's weight.

Puppy's weight in lb X factor = daily amount of food

- Puppies 2 to 4 months factor **0.8** makes four meals each day
- Puppies 4 to 7 months factor **0.7** and 7 to 12 months factor **0.5**, make three meals a day.

Benefits of a raw diet

By using **My Natural K9™** on a regular basis several positive things will happen to your dog:

- Better Breath
- Healthy Skin
- Shiny Odor Free Coat
- Clean Teeth
- Clear Eyes
- Healthy Gums
- Good Digestion
- Increased Energy
- Smaller Less Smelly Stool
- Improved Confidence
- Increased Coat Growth

www.felineinstincts.com